



LINDENWOOD AREA SENIOR NEWS

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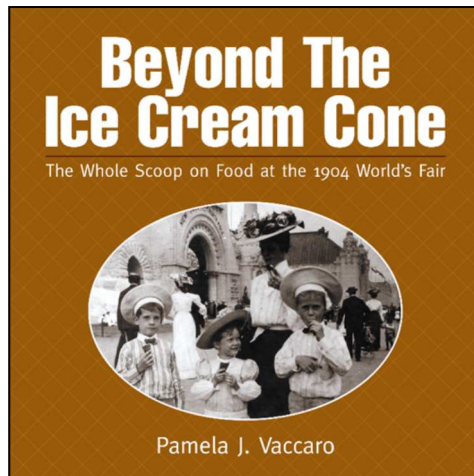
Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

A SPECIAL PRESENTATION: *BEYOND THE ICE CREAM CONE*

LASM is thrilled to host author, Pamela Vaccaro, for a special presentation on **Tuesday, February 19th**. Considered the authority on food at our city's famous Fair, Vaccaro is author of *Beyond the Ice Cream Cone: the Whole Scoop on Food at the 1904 World's Fair*.

Through a slide program and food related artifacts, Vaccaro will share the story of the Fair through the lens of food. Agriculture was "King" in 1904 and her book explains the very important role food played in the formation of the great

international exposition in St. Louis. Join us for a mouth-watering presentation and ice cream, of course!



No fee to attend, Pamela Vaccaro's book will be available for purchase (\$20 cash or check) at the program.

1:00-3:00 pm

Southwest Baptist Church –
Memorial Hall,
6401 Scanlan Ave.

Please RSVP to the LASM
Office at 314-647-4591 or

email: lasmdirector@gmail.com

SWEETHEART DINNER DANCE

Our neighborhood's senior center, The St. Louis Activity Center is hosting a Sweetheart Dinner Dance on **Friday, February 15th**. Doors open at 6:00 pm. Italian-style dinner and silent auction. Entertainment by "The Backstreet Cruisers Band" from 7:30-11:00 pm. Tickets: \$20/person.

Please call the St. Louis Activity Center at 314-645-3477 for more information. The Activity Center is located at 5602 Arsenal Avenue, 63139.



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YOUR SUPPORT=SENIORS SUPPORTED

There are many ways you can support our ministry in 2019 and beyond!

- 1) Shop on Amazon and direct a percentage of your purchases to LASM. To do this log-on via AmazonSmile (<http://smile.amazon.com/ch/41-2270885>).
- 2) Are you a Thrivent member? If so, you can direct your Choice Dollars to LASM. Contact your Thrivent Representative to learn more about this program.
- 3) Volunteer with one of our programs and/or sign-up to be Spring Fling sponsor or donor. Contact the LASM Office for details at 314-647-4591.
- 4) Send a contribution! General operating and Legacy Fund donations are accepted year-round. Click on "Support Us Today" on our website lasministry.org or mail to 6401 Scanlan Avenue, St. Louis, MO 63139!

EXTRA HELP FOR MEDICARE PART B

People with low incomes can participate in programs through the Missouri Department of Senior Services that reduce or even eliminate Medicare Part B premiums, deductibles, and/or co-payments. The income limit is currently \$1,366 per month for a single person and \$1,852 per month for a married couple.

For information about this, contact Katie Weintraub, Director, at 314-647-4591 .



APPLY FOR THE MISSOURI PROPERTY TAX CREDIT

The Missouri Property Tax Credit Claim (known as "Circuit Breaker") gives credit to certain senior citizens and 100 percent disabled individuals for a portion of the real estate taxes or rent they have paid for the year. The credit is for a maximum of \$750 for renters and \$1,100 for owners who owned and occupied their home. The actual credit is based on the amount of real estate taxes or rent paid and total household income.

In order to qualify:

- As a homeowner, your TOTAL household income is below \$30,000 for a single person or \$34,000 for a married couple.
- As a renter, your TOTAL household income is less than \$27,500 for a single person or \$29,500 for a married couple.
- You or your spouse must be 65 or over as of December 31, 2018; OR you or your spouse must be 100% disabled as a result of military service, regardless of age; OR you or your spouse must be a disabled person; OR you must be a surviving spouse at least age 60 receiving Social Security benefits.
- You must have paid property tax on or rented the homestead you occupied during 2018. This also includes a room in a nursing home or an apartment.
- You DO NOT rent from a non-profit organization.

If you are in need of assistance filing, contact the LASM Office at 647-4591. In addition to the director, LASM is pleased to have an AARP-trained volunteer to assist with filing taxes this year.

SAVE THE DATES!

LASM is working on a great line up of Lunch & Learns to inform, encourage and inspire us in the coming months. More details will follow in our March newsletter.

In the meantime mark your calendar for 3rd Thursday Lunch & Learns:

March 21st
April 18th
May 16th and
June 20th

And while you have your calendar out, pencil in our LASM 2019 FUNdraisers, the 13th Annual Spring Fling on **Saturday, April 27th** and the 8th Annual Trivia Night on **Saturday, November 2nd**.

“LIKE US” ON FACEBOOK

“Like” our ministry’s page to stay up-to-date on our latest happenings!

Find us at www.facebook.com/LASM.STL



ABOUT OUR SERVICES

LASM is a partnership of four faith communities providing a variety of support services for older adult members of the partner congregations as well as any senior living in the Lindenwood Park neighborhood.

Our services and programs include: medical transportation, minor home maintenance & repair, Stephen Ministry, case management, social engagement, educational programming, and this monthly newsletter! For more information contact 314-647-4591.

♥ *Happy Valentines Day* ♥

HOSPITAL BED LOOKING FOR A NEW HOME

An LASM participant has an Invacare hospital bed that she would like to donate to someone in need. The bed has 4 wheels for moving, is electric and has a hand crank in the event of a power outage. It has a deluxe extra-long twin mattress that is easy to wipe clean. The bed has bars on both sides and a detachable trapeze bar. It is gently-used, in good condition and also comes with a bedside table.

These items are being offered free of charge but must be disassembled and removed from the owner’s home by the recipient. Interested? Contact the LASM Office at 314-647-4591. First come, first served.



BENEFITS QUIZ

Are you having trouble making ends meet? Are you choosing between prescriptions and food? Do you wonder what services are out there to help?

If you answered yes to any of these questions, you need to meet with a Benefits Specialist from the St. Louis Area Agency on Aging (SLAAA)!

Who: Any person 60+ years or persons ages 18-59 with a disability

When: Call 314-612-5918 to schedule your appointment to learn about benefits. The Benefit Specialist from SLAAA will meet with you, answer questions, and help you fill out applications.

Why: There are programs that could help you save money! **There is no charge!**



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Lindenwood Area Senior Ministry
6401 Scanlan Avenue, Room 201
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RETURN SERVICE REQUESTED

PRAYER FOR FEBRUARY

Lord our God, we thank you that we may be your children and may be led by your hand. Give us patience and faith, especially when our way on earth seems difficult and life is full of grief and hardship.

You are light. You show us the right path. You go before us in the self-denial and patience taught us by your Word. Protect us on all our ways. May your kingdom grow among us until it can be plainly seen that you, O God, are truly with us doing your work and bringing us joy, even though what we do seems fruitless. But your work endures. In your work we rejoice, and we want to give thanks to you every day.

Amen.

A BIT OF HUMOR

Two elderly ladies were discussing their husbands. One said: "I do wish George would stop biting his nails. It's such a horrible habit." Her friend said: "My Arnold used to do the same, but I eventually cured him of it." "How did you do that?" "I hid his teeth!" 😂

During the initial space flights, NASA discovered that biro pens didn't work under zero gravity conditions. To beat the problem, NASA spent 6 years and \$2 million in designing a pen for use in space. The pen would work under zero gravity conditions due to the pressurized ink inside, it would work under sub zero conditions, underwater, on glass and virtually any surface known to man. All this time, the Russians used a pencil.