



LINDENWOOD AREA SENIOR NEWS

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January, 2018

Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

2017: A YEAR-END REVIEW

This year we celebrated our 11th Anniversary as a ministry and continued to grow and strengthen in our mission to *enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

Our transportation ministry provided 102 round-trip rides to medical appointments. Volunteers with Saturday Servants, our home maintenance and repair program, completed 175 jobs for senior homeowners throughout the year. We hosted 7 educational workshops and continued to offer case management services. Our bus trips led us on ventures to Fulton, Kimmswick and Alton! Our annual fundraisers, the Spring Fling and Fall Trivia Night, welcomed great crowds and raised more than

\$11,500 to support our programs and services. We commissioned our 3rd class of Stephen Ministers and continue to see this Christian caring ministry make a big impact in the lives of seniors in our community.

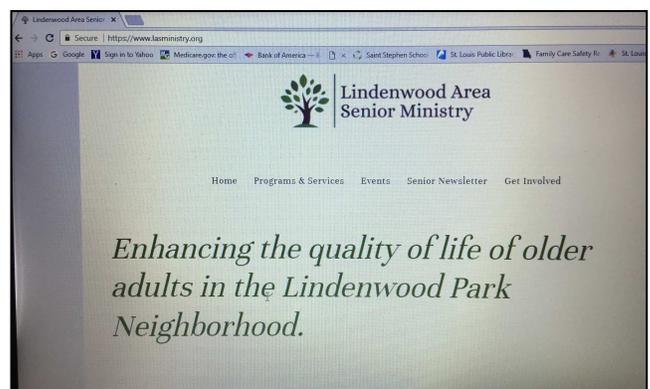
We are so grateful to have the unending and generous support of our volunteers and partner churches in making our ministry possible! We are excited to discover all that God has in store for us in the coming year. Please contact our office (314-647-4591) at any time for information on programs, services and volunteer opportunities. In addition, we welcome your suggestions on programs and events that you would like to see offered in 2018. "Like" us at [facebook.com/LASM.STL](https://www.facebook.com/LASM.STL) or check out our website at lasministry.org to stay up-to-date on all our latest happenings. Wishing you many blessings in the New Year!



<http://dennismike.net>

NEW YEAR, NEW LOOK!

LASM's website has received a facelift. We are excited for you to check out the updated and more user-friendly site. The new site offers the ability to register for programs online and make electronic donations to LASM. Visit lasministry.org to learn about upcoming events, see pictures, learn about volunteer opportunities and catch up on past and present newsletter issues. Check it out today!



The new and improved LASM website

GENEROUS READERS FUND MINISTRY

We were blessed with a generous response to the appeal for donations in our November newsletter. To-date we have received \$1,345 in funds to support our ministry's annual operating budget. We have also received \$1,990 in donations to our Legacy Fund, a special fund launched last year to sustain the ministry of LASM for future generations of seniors. If you have not yet sent in a contribution please consider making a tax deductible donation to Lindenwood Area Senior Ministry. Donations can be mailed to: LASM, 6401 Scanlan, St. Louis, MO 63139. Please specify "annual operating" or "legacy fun" on the check memo or donate online at lasministry.org.

SPRING FLING PLANNING MEETING

It's time to begin planning the social event of the year, LASM's 12th Annual Spring Fling! Join our committee of fun and creative volunteers as we seek to make this year's event our biggest and best yet. If you have gifts for party planning, food prep, advertising and/or soliciting donations, we'd love for you to share those talents with us.

Our first planning meeting will be on **Thursday, January 18th at 1:00 pm** at Southwest Baptist Church, 6401 Scanlan. Spring Fling 2018 will be on **Saturday, April 28th**.



Please contact Jan Holmes at 644-4299 to RSVP for the meeting.

NEW YEAR, NEW WAYS TO ENGAGE

Are you looking for new ways to give back and connect with your community in the New Year? Lindenwood Area Senior Ministry offers a variety of volunteer opportunities. We are always looking for new **Transportation Ministers** to join our crew of drivers in getting seniors to and from their medical appointments. Our **Saturday Servants** meet on the first Saturday of each month and provide home repairs and maintenance for senior homeowners. Our **newsletter volunteers** meet on the 4th Tuesday of each month to prepare each issue for mailing.

The Spring Fling and fall Trivia Night **fundraiser committees** offer great ways to unleash your creativity and help raise money and enthusiasm for our ministry. Assisting with reservations and set-up/clean-up at LASM **educational and social events** can be simple and rewarding ways to lend a helping hand. Contact the LASM Office (647-4591) if you'd like more information on any of these volunteer opportunities or email LASM Director, Katie Weintraub at lasmdirector@gmail.com. Please share these opportunities with neighbors and friends, the more the merrier!

If you have been considering a **Reverse Mortgage**, it is important to fully understand your specific situation as it relates to a reverse mortgage before applying. There are many variables to take into account such as your income and assets, inheritance desires, and your health. This type of mortgage can be a great option for some, but not the right fit for others. An organization called HOPE (Housing Options Provided for the Elderly) offers free reverse mortgage counseling. Their counselors provide education and information and are not affiliated with any lender. Call HOPE at 314-776-0155.

JANUARY SOCIAL

Join our friends at LASM partner church, Southwest Baptist Church, for a social on **Tuesday, January 9th** at Noon. The social will be held in Memorial Hall. Enter through the church's main doors at 6401 Scanlan. Potluck lunch, bring a dish to share. After lunch we'll learn about the life of Betsy Ross via a living history presentation by Barbara Kay. Barbara's costumed portrayal of Betsy Ross will make history come alive! Come learn about the woman widely credited with making the first American flag, whose birthday happens to be in January. RSVP to Mary Earheart at 781-1365.

THE ABC'S OF FAITH

- A. Always Give Thanks
- B. Build Others Up
- C. Cast Your Cares on Him
- D. Delight in God's Word
- E. Expect Great Things
- F. Forgive as You have been Forgiven
- G. Give Cheerfully and Generously
- H. Humble Yourself
- I. Increase Your Faith
- J. Joy in the Journey
- K. Know His Love
- L. Listen to Wise Counsel
- M. Make Peace with Others
- N. Never Give Up
- O. Overflow with Kindness
- P. Pray without Ceasing
- Q. Quiet Yourself
- R. Renew Your Mind
- S. Seek to Do His Will
- T. Tell the Truth in Love
- U. Use the Gifts God has Given You
- V. Value Godliness
- W. Work Unto the Lord
- X. Experience His Presence
- Y. Yield to Others
- Z. Zealously Share your Hope!

SPONSOR IN THE SPOTLIGHT

We were blessed to have the support of this sponsor for our Annual Trivia Night last fall:



Inspired by the teachings of Jesus Christ, the mission of CRSS is to be a recognized provider of first choice in giving person-centered care through an integrated continuum of quality residential, healthcare and supportive social services for senior adults throughout the Archdiocese of Saint Louis. CRSS offers an adult day program, affordable senior apartments, an independent living community, affordable assisted living communities, memory care, and skilled rehab and long-term nursing care. To learn more, call 314-961-8000 or visit cardinalritterseniorservices.org.

FREE TAX-AIDE HELP

Are you in need of assistance preparing your 2017 income taxes?

1. AARP Tax-Aide is a free tax assistance service for low and middle income taxpayers with special attention to those 60 and over. You can call 1-888-227-7669 or e-mail taxaide@aarp.org to find a tax preparation site near your home and schedule an appointment.
2. The Metro-St. Louis Community Tax Coalition offers cost-free appointments at the Maplewood Public Library (7550 Lohmeyer Avenue, 63143). Appointments are available on Tuesdays and Thursdays 10:00 am-2:40 pm. Call the library at 314-781-2174 for your appt.

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RETURN SERVICE REQUESTED

MAY THE ROAD RISE UP TO MEET YOU

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon your fields
and until we meet again,
may God hold you
in the palm of His hand.

Traditional Gaelic Blessing

Do not be afraid about the future —
instead, give everything over to God in
prayer. Don't worry about anything, but
in all your prayers ask God for what you
need, always asking him with a thankful
heart.

Philippians 4:6

A BIT OF HUMOR

A fourth-grade teacher was giving her pupils a lesson in logic. "Here is the situation," she said. "A man is standing up in a boat in the middle of a river, fishing. He loses his balance, falls in, and begins splashing and yelling for help. His wife hears the commotion, knows he can't swim, and runs down to the bank. Why do you think she ran to the bank?"

A girl raised her hand and asked, "To withdraw all his money from his savings account?"

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My 60 year kindergarten reunion is coming up soon and I'm worried about the 175 pounds I've gained since then.

