



LINDENWOOD AREA SENIOR NEWS

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January, 2022

Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

2021: A YEAR END REVIEW

This time of year lends itself to reflecting on the past and looking toward the future, both important practices. As we embark on the New Year, Lindenwood Area Senior Ministry would like to share some of its 2021 highlights in numbers!

- LASM celebrated its **15th** Anniversary of ministry for, to and by seniors!
- LASM's Transportation Ministry provided **85** round-trip rides to medical appointments to **41** registered participants.
- Saturday Servant volunteers completed **206** home maintenance/repair projects among **87** registered households.
- **35** older adults reached out for resources and/or engaged in ongoing case management services via our expanding Case Management Program.
- A Lenten Walk to Jerusalem program logged **6,457+** miles by its **85** participants.
- **6** virtual programs were hosted including our **10th** Annual Trivia Night.
- **15** in-person programs were offered as LASM cautiously reinstated social and educational opportunities.



- **11** Stephen Ministers provided 1:1 weekly caring visits.
- **700+** individuals received monthly newsletter full of LASM news and community resources.
- Team of **60+** volunteers gave countless hours to allow all of the above to happen!

We remained strongly rooted in our mission to *enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote*

physical, mental, emotional, and spiritual health and safety.

We are so grateful to have the unending and generous support of our volunteers, partner churches and donors in making our ministry possible! Please contact our office at 314-647-4591 at any time for information on programs, services and volunteer opportunities.

In addition, we welcome your suggestions on programs and events that you would like to see offered in 2022. "Like us" on Facebook or check out our website at **lasministry.org** to stay up-to-date on all our latest happenings.

Wishing you good health and many blessings in the New Year!

2022 BUDGET REPORT

Through the generous support of our partner churches, individual donors, fundraising efforts and a grant from The Lutheran Foundation of St. Louis our ministry's budget is funded. Our 2022 budget was recently approved by the LASM Board of Directors. Below is a narrative report of our ministry's budgeted expenses for 2022:

Payroll: \$56,132

The part-time Director's salary for the coordination, supervision, and implementation of the ministry's programs and services. The part-time Case Manager's salary for providing 1:1 case management services, community networking and compiling community resources. A cell phone and mileage stipend for the Director and Case Manager. Contract compensation for the ministry's newsletter editor, guest speakers/entertainers, graphic designer and website/social media consultant.

Payroll Taxes: \$4,020

Insurance: \$4,150

Annual premiums for general liability, directors and officers, workers compensation and volunteer insurances.

Training/Professional Development: \$1,800

Funding for Director, Case Manager, Board Members and/or Key Volunteers to attend development workshops and seminars. Stephen Minister training and continuing education materials.

Volunteer Background Checks: \$456

Volunteer Appreciation: \$1,200

Legacy Fund Development: \$1,500

Office Rent & Utilities: \$4,800

Office space, phone lines, and internet service.

Newsletter: \$2,020

Printing and postage for ministry's monthly newsletter.

Office Supplies: \$3,500

Program/Event Costs: \$1,800

Miscellaneous - \$250

Total Expenses Budgeted for 2022: \$81,628

LASM BLESSED BY GENEROUS GIFT

Just before Thanksgiving, LASM received an incredible delivery... a \$45,000 check from Mount Tabor United Church of Christ! As we reported in our November newsletter issue Mount Tabor, one of our ministry's partner churches, made the difficult decision to close last Fall. Upon closing the congregation voted to disperse the church's remaining assets to several non-profits that were near and dear to their church's heart. LASM is incredibly grateful to be one of Mount Tabor's final gift recipients. This gift puts us in a favorable position for exploring new possibilities in sustaining and growing our ministry. LASM will seek to honor Mount Tabor's legacy of sharing Christ-centered love and compassion with all whom we encounter. The spirit of Mount Tabor's congregation will continue to live on through our work and that of the other non-profits whom they have supported with final gifts. *For where your treasure is, there your heart will be also. —Luke 12:34*



MUSIC & MERRIMENT

The long, cold days of winter after the hustle and bustle of the holidays can leave us feeling blue. Let's ward off wintertime weariness with a little toe-tapping and fellowship!

Join Lindenwood Area Senior Ministry for an afternoon of music and singing with Roy St. John & Joe Sandheinrich! Roy on guitar and Joe on ukulele will entertain us with hits from the 30s right up to today! Light refreshments will be provided.

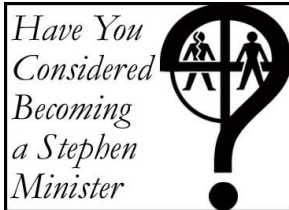


Thursday, January 27th from 1:00 to 2:30 pm in Memorial Hall of Southwest Baptist Church, 6401 Scanlan Avenue. Masks required. Please RSVP to Jan Holmes at 314-644-4299.

STEPHEN MINISTER TRAINING BEGINS FEBRUARY

LASM is excited to expand its Stephen Ministry program through a volunteer training class beginning this February.

Is the New Year beckoning you to grow in your faith and caregiving skills? Are you seeking to provide meaningful connection for an older adult who is hurting in our LASM community?



Joining our Stephen Ministry program could be the perfect fit for you! Please reach out to LASM Director, Katie Weintraub for more information on what it means to be a Stephen Minister and all the details for the upcoming training!

katie@lasministry.org or 314-647-4591

FROM OUR CASE MANAGER

QUESTION: How do I know if I qualify for the Missouri Property Tax Credit or what is sometimes referred to as the "Circuit Breaker"?

ANSWER: If you are 65 or older (or disabled and receiving Social Security), you may be entitled to receive as much as \$1100 back from your paid 2021 property taxes or rent. There are income limits to qualify. For renters, your annual income cannot exceed \$27,200 for a single person or \$29,200 for a couple. For homeowners, a single person can earn \$30,000 annually and a couple can earn a maximum of \$34,000.

I will be happy to answer your questions about this benefit, send you the forms or assist in completing the forms. The MO Property Tax Credit Claim can also be submitted online this year through the Department of Revenue. If you are homebound, I can make an appointment to do this in your home. Contact me at 314-376-4121 or leigh@lasministry.org for information, forms or appointments.

If you file a Missouri Income Tax return, this credit should be completed by your tax preparer as part of your tax return.

—Leigh Manalang, MSW

ST. LOUIS ACTIVITY CENTER

The Center at 5602 Arsenal is open 9:00 am-3:00 pm Monday-Wednesday-Friday.

Quilters meet on Mondays at Noon beginning January 10th! If you are a quilter or would like to learn to quilt, come join us! Bring a friend!

Exercise is held on MWF at 10:00 am. Suggested donation for this event is \$2. Transportation is available for lunch & activities at the Center. 314-645-3477

Lindenwood Area Senior News
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RETURN SERVICE REQUESTED

MORNING PRAYER

Jesus,

Even in the freshness of morning,
it is all too easy to take another day for
granted.

Help me to savor
this moment and to
cherish the gift of
life, even in difficult
times. I know that



your promises are the only guarantees
life holds for us. So help me to
appreciate what I have, especially the
people you have put in my life.

May I never lose sight of how precious
my time with them really is.

Amen.

From Living Faith: Volume 37, Number 4

A BIT OF HUMOR

THE E-MAIL MAN

We were visiting with our grandchildren
in another city. While we were there, I
helped them make valentines to send to
their cousins back home. As we got
them ready to put in the mail, our 4-year-
old grandson said, "Grandma, put them
in the box on the porch for the e-mail
man!"

—*Janet McFarland*

A NEW SISTER

Little Danny was brought to the hospital
to meet his new baby sister. For some
time he stood, just staring at his
peacefully sleeping sibling. Then he
looked up at his dad and asked, "Does it
need batteries?"

—*Doris Setter*

