



LINDENWOOD AREA SENIOR NEWS

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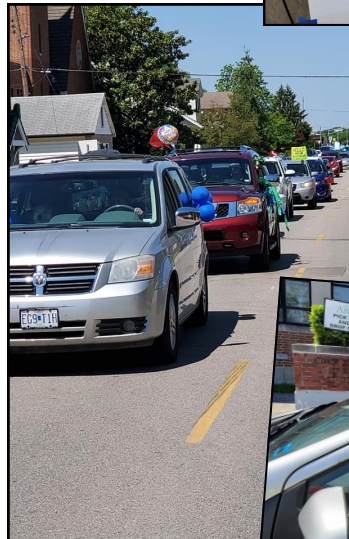
Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

HELLO PARADE!

An abundance of good cheer was spread throughout the neighborhood on Saturday, May 9th as LASM's volunteers and partner church congregations filed through the streets on a 'Hello Parade!'

Positive messages adorned their cars and honks, waves, smiles and treats were shared! We were delighted to see many familiar faces along the route and to surprise a couple of unsuspecting walkers. Check out more pictures of the parade and a short video on our ministry's Facebook page: [facebook.com/LASM.STL](https://www.facebook.com/LASM.STL).

Many thanks to all who participated!



GAUGING INTEREST: ONLINE AND VIRTUAL PLATFORMS

LASM would like to gauge the interest of its newsletter readership in online or conference call based social and educational programming opportunities. It does not appear that it will be safe for us to host group programming for quite some time and we imagine that many will not feel comfortable venturing out even as restrictions are lifted. Therefore, we are considering different avenues of connecting virtually or via the mail/phone. Please let us know if you are interested in participating in distance learning/socializing with LASM. Call the LASM office at 314-647-4591 or email Katie at lasmdirector@gmail.com to voice your interest. We want to know: What is your preferred mode of communication? Do you have a computer and internet access at home? Have you participated in virtual platforms before and if so which ones? What kind of topics are you interested in discussing or learning more about? Hope to hear from you!

THANK YOU.... FOR SUPPORTING LASM

We have felt your love for our ministry and we are grateful! In last month's newsletter we appealed for your support as we always do at this time of year, but with a special encouragement to give because we had to cancel our Spring fundraiser. Then on May 7th we participated in Give STL Day, a 24-hour day of online giving to benefit nonprofits serving the St. Louis region. We were overwhelmed by the generous response. To date the Spring Newsletter Appeal has raised \$5,340. Give STL Day brought in just over \$5,000 in donations, doubling last year's campaign!



What a blessing for our ministry as we seek to continue providing quality programs/ services for seniors while adapting to the changing times. If you have not yet sent your

contribution, do not fret! We accept donations year-round online at lasministry.org or mail: 6401 Scanlan Ave., St. Louis, MO 63139.

PIECING TOGETHER SPARE TIME

An LASM senior has generously donated several puzzles for us to share with anyone who might enjoy picking up a new hobby during quarantine.

The 500 to 1,000 piece puzzles depict a variety of scenes. Call the LASM office at 647-4591 if you are interested in receiving one.



LAWN & GARDEN CONTEST

The Lindenwood Park Neighborhood Association is hosting its annual Lawn & Garden Contest. With so much more time at home in the spring months, many neighborhood residents have invested in their green space.



Have you noticed a neighbor with a beautifully landscaped front or back yard? Perhaps you are proud of your own handywork and would like to put yourself in the running! Nominations for the contest are being accepted through the end of

June. Email Doug at lawn-garden@lindenwoodpark.org with the address of your nomination. If you don't have access to email but would like to nominate someone, call Katie at 647-4591 and she will assist you.

SLPL PHASED REOPENING

At the beginning of this month all St. Louis Public Library (SLPL) book drops opened. Customers can return items through the book drops at any location. Beginning June 10th five SLPL locations will open with limited hours and services. The Buder branch on Hampton will be the closest location to our neighborhood. It will have small collections to browse in the lobby and curbside pickup for items ordered online. The hours of operation will be 5:00 to 9:00 pm on Wednesdays and 10 am to 2:00 pm on Thursdays, Fridays and Saturdays. Visit slpl.org or call 314-241-2288 to learn more. No word yet on when our neighborhood branch, Machacek, will reopen.

WE'RE HERE FOR YOU

Please let us know if you are in need of some extra support or care during the Covid-19 pandemic. LASM is committed to providing home and community-based services for older adults that live in the Lindenwood Park Neighborhood or belong to one of our ministry's partner churches. If you need help with something that we are not able to directly provide we will do our best to identify other means of meeting your needs.

Learn more on our website: lasministry.org. Call our office at 314-647-4591. You are not alone in these challenging times.

EULOGY TO A KNEE

I think that I shall never see
A joint as complex as my knee.
For years it helped me run and play
At many sports, till I was gray.

But then arthritis took its toll,
And it was painful just to stroll.
So finally, when it got too rough,
I saw a surgeon, had enough.

It really gave my heart a twinge
To think this loyal little hinge
Would soon be severed from its home,
And then replaced with cobalt chrome.

Nervously, while still erect,
Into a hospital I checked.
The day had come, the job well done.
Post-op orders: "Walk, don't run!"

And so farewell, old faithful knee
For you I write this eulogy.
Parting was painful, not much fun,
But my new knee's life has just begun.

—*Sherwin Kaufman*

RIDDLE ME THIS!

LASM would like to propose a little lighthearted fun to counteract all the unsettledness of these times. Below are several riddles. Take a crack at them and contact the LASM Office to check your answers. Call/leave a message at: 314-647-4591 or email: lasmdirector@gmail.com. Those that answer 5 or more correctly will be entered into a drawing for some fun prizes! Prizes will be mailed or contact-free delivered to your doorstep.



The shorter I am, the bigger I am. What am I?

What is bought by the yard but is worn by the foot?

What has a foot but no leg?

What do you have when you're sitting down that you don't have when you're standing up?

I go in dry and come out wet. The longer I'm in, the stronger I get. What am I?

Iron roof, glass walls, burns and burns and never falls.

I have a tongue but cannot taste. I have a soul but cannot feel. What am I?

We are five little objects of an everyday sort, You will find us all in a tennis court.

Two legs I have, and this will confound, only at rest do they touch the ground. What am I?

What grows in winter, dies in summer, and grows roots upward?

What flies around all day but never goes anywhere?

What can an elephant and a shrimp both be?

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RETURN SERVICE REQUESTED

A PRAYER FOR CLARITY AMONGST THE CHAOS

*by Lauren Winter,
from Brick House in the City*

There are so many voices and so much
noise,
Tune my ears to become sensitive to
your truth.
While the world spins chaotically out of
control,
Steady my heart and pull me to safety
with you.
When lies are spread and words
manipulated,
May your truth be my compass and
groundwork.
You created me for peace. Help me to
seek it
And free me from the chains of chaos.

A BIT OF HUMOR

A man left for work one Friday afternoon.
Instead of going home, he stayed out the
entire weekend hunting with the boys
and spending all his wages. When he
finally got home Sunday night, he was
confronted by his very angry wife.

After two hours, she stopped nagging
and said, "How would you like it if you
didn't see me for two or three days?"

He replied, "That would be fine with me."

Monday went by and he didn't see his
wife. Tuesday and Wednesday came and
went with the same results. Thursday the
swelling went down just enough to see
her a little out the corner of his left eye :)

*Saw a flying saucer today. It appeared right
after the flying cup that my wife threw at me.*