



LINDENWOOD AREA SENIOR NEWS

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June, 2023

Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

CALLING ALL CHOCOLATE LOVERS!

Ready to kick off the summer by treating your sweet tooth? For literally thousands of years, people have been fascinated with the strange and wonderful fruit, chocolate. Learn the alluring history of this gift from the rain forest, discover how it is cultivated and processed, and then consider ways to take your chocolate addiction into your garden with “chocolate” plants. Our guest speaker will be St. Louis Master Gardener, Betsy Alexander.

Following the presentation, we will carpool or caravan to the Chocolate, Chocolate, Chocolate Factory on The Hill for tours and gift shop shopping.



Wednesday, June 28th

11:00 am. Gather in Memorial Hall of Southwest Baptist Church, 6401 Scanlan, for a potluck lunch (bring a dish to share)

11:30 am-12:30 pm. Enjoy Chocolate presentation with Master Gardener, Betsy Alexander

12:30 pm. Depart for Chocolate, Chocolate, Chocolate Factory, 5025 Pattison Ave.

1:00-2:30 pm. Tour the Factory and peruse the gift shop

2:30 pm. Return to Southwest Baptist Church to collect dishes and head home

RSVP to katie@lasministry.org or 314-647-4591 by Monday, June 26th.

SUMMERTIME ASSISTANCE

Storyline Church, a newer church plant in our neighborhood, is hosting several mission teams this summer and would like to serve older adult homeowners through LASM. If you are in need of yard work help (mowing not included), cleaning out a space, or a minor home repair project, please contact the LASM office. To learn more about the summer service dates and get registered contact 314-647-4591 or katie@lasministry.org.

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VOLUNTEER PROFILE: WAYNE CORNERS

Wayne Corners has been serving as a Saturday Servant volunteer since 2018. With LASM's Saturday Servant program, Wayne attends monthly service dates to tackle home maintenance and repair projects for older adult homeowners. He occasionally takes on one-person projects in between service dates as well. Wayne and his wife Laurie have been residents of the Lindenwood Park Neighborhood for 20 years. When not volunteering with LASM, Wayne's hobbies include building furniture and musical instruments. He plays traditional Irish music for fun with friends. He plays the mandolin, bouzouki and has recently taken up the fiddle! We sat down with Wayne and asked him these questions:

How did you get connected with LASM and why do you choose to support LASM through volunteerism?

I was connected with LASM through my neighbor and LASM client, Colette Birkicht, who sadly passed away last June. I would help her with small tasks around her house. When I moved to Lindenwood Park there were many people in the neighborhood that were older and needed a little help to be able to stay in their homes. My wife, Laurie, and I would help our immediate neighbors, but LASM allowed us the ability to help others in the neighborhood that we hadn't met yet.

What do you enjoy most about volunteering as a Saturday Servant?

I like tinkering with things so when a request comes in to install a handrail or fix a plumbing issue, I like the challenge. I try not to get in over my head and thankfully it hasn't happened yet! I also work in IT so I can help folks with technology issues.

What would you say to someone considering a volunteer position with LASM?

I'd say they should go for it. It's a great way to meet people in the neighborhood and Katie will even bring donuts every now and then.

What is your favorite thing about summer-time?

I enjoy seeing friends a bit more often than I would otherwise but for the most part I look forward to summer being over. It's just too hot and humid here!

Our biggest thanks to Wayne and all of our wonderful volunteers! Interested in becoming a Saturday Servant or other LASM volunteer opportunities?

Interested in receiving Saturday Servant help? Contact katie@lasministry.org or call 314-647-4591.



UPCOMING LIBRARY EVENTS

CRAFT CORNER

Bring your current creative project, try a new craft with on-hand supplies or just come for the community **every Wednesday Noon-2:00 pm** at Machacek Library in the Auditorium. All adults are welcome. No registration required.



PAPER CRAFT CIRCLE

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Join Buder Library **every third Tuesday of the month 6:00-7:30 pm** for a paper craft. All supplies will be provided. Learn about Smash Books on June 20, Collage Art on July 18, and Do-It-Yourself Journal Binding on August 15.

SPRING APPEAL UPDATE

In last month's newsletter we asked for your support of our ministry via our Annual Spring Newsletter Appeal. We have been blessed with a generous response of \$2,800 in donations thus far. This annual appeal helps to fund our ministry's annual operating budget and the Legacy Fund. If you have yet to make your Spring Appeal donation do not fret! Donations are accepted year-round via our website lasministry.org/donate or a check payable to LASM, 6401 Scanlan Ave., 63139. In addition to the newsletter appeal we raised \$3,137 on Give STL Day on May 10th! These funds were directed to a special Home Repair Fund to subsidize costs associated with home safety/modification projects for LASM senior homeowners. What a blessing!



FROM OUR CASE MANAGER

QUESTION: The hot, humid summer in St. Louis is difficult for me and the increased air conditioning is hard on my pocketbook. Is there anything I can do?

ANSWER: To help our elders in need, EnergyCare will keep people safely cool by installing air conditioners in homes and lower their risk from life-threatening conditions. If you or someone you know is a low-income senior or disabled person and in need of a window A/C unit, please contact EnergyCare at 314-773-5900 to register for the program.

In addition to LIHEAP, there is an organization called Heat Up/Cool Down St. Louis that will help with utility cooling costs. The online application can be found at <https://heatupstlouis.org> or call the hotline at 314-241-0001. "Keeping Cool" through Ameren Missouri is another program that provides bill credits of \$25 per month through September for senior citizens or those who have a documented chronic medical condition. You must submit your application through a community action agency; call me to locate an agency near you. Program benefits last for two years. The income guidelines for *Keeping Cool* are up to 150% of the Federal Poverty Level, which is currently \$1,823 a month for a single person or \$2,465 for two people in a household.

Cooling Sites are also offered to the general public if an *Excessive Heat Advisory or Warning* is issued by the National Weather Service. Two nearby sites are Machacek and Buder branch public libraries, which provide air-conditioned relief and cool water during the hottest part of the day.

—Leigh Manalang, MSW

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RETURN SERVICE REQUESTED

PRAYER FOR GRANDFATHERS

Dear God,

Whatever good things I have in my life, they have come as a gift from you. I pray to you for good health as my body ages, with continued strength of body and mind.

I thank you for the joy I receive and the happiness I experience in being a grandfather. Bless my relationships with my grandchildren. I have faith in you, and I trust that you will take care of my family members and love and protect them. You are the best guide in my life, and you care for me just like a loving father should.

Amen.

A BIT OF HUMOR

Dad-approved corny jokes:

What do you call a dad who falls through the ice? A pop-sicle.

What's the downside to birthdays? Too many will kill you.

What do you call a rude cow? Beef jerky.

Why do golfers always have an extra pair of pants? In case they get a hole in one.

Why did the football coach go to the bank? He wanted to get his quarter back.

When does a joke become a dad joke?
When the punchline is apparent!

