



LINDENWOOD AREA SENIOR NEWS

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Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

AUTUMN APPEAL

Dear LASM Senior News Reader,

With a few small exceptions I can honestly say that nothing about 2020 has gone as I expected it would. For the better part of the year the global pandemic has impacted every aspect of our personal lives and the life our ministry. So I guess I could say that the biggest lesson of this year, for me, has been to appreciate what can come from the unexpected. Because, despite the multitude of hardships and heartaches and all the chaos and frustrations, I have continued to see God at work in my life and the life of LASM in unexpected ways.

In the absence of being able to be physically present with one another, our ministry's volunteers jumped into action to reach out to our clients over the phone providing friendly conversation and checking-in on needs/concerns. Through this effort many beautiful friendships have been formed. In the absence of our monthly educational workshops we learned about Zoom and began venturing into virtual learning, reaching new people and creating new connections. In the absence of our regular activities and volunteer

opportunities we developed stronger ties with the senior center in our area, The St. Louis Activity Center. In response to the pandemic The Center began providing home delivered meals to seniors. We were able to refer LASM clients in need of meals/food assistance and our volunteers were able to aide in donating food items and delivering the meals. In the absence of regular programming and fundraising LASM's

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Board of Directors and myself had more time to reflect on our ministry's future and mission. Out of that time for reflection came a plan to expand our case management services and the ability to secure grant funding to make it a reality. I truly miss being able to freely and regularly interact

with all of you and look forward to the day when this will be possible again. In the meantime, I am taking heart in these unexpected silver linings.

During this season of gratitude and giving, we invite you to join us in carrying out our mission which has remained the same even as the ways we have gone about fulfilling it have changed! Please pray for the work and success of our ministry. Consider joining our volunteer force. Make a donation to support the care and coordination of our programs
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RAIN ON YOUR PARADE

No problem! Our spirits could not be dampened as the Red & Black Brass Band hit the streets of Lindenwood Park on October 18th. LASM's community proved that a little (or a lot of) rain could not keep us inside. Our program participants, volunteers and neighbors stepped out on their porches and



gathered street side under umbrellas to take in the band's music and show their love of LASM. We collected over \$1,000



in donations and had the opportunity to spread the word about our programs and services. A great day despite the rain!

AUTUMN APPEAL

(Continued from Cover Page)

and services. Enclosed is a Contribution Form, detailing ways to support LASM and an envelope. LASM is a non-profit organization and financial contributions made to the ministry are tax deductible. Thank you in advance for your generosity.

My best wishes for a happy and healthy holiday season for you and your family!

Many Blessings,
Katie Weintraub,
MSW
Director



CAPTION CALLING

Do you have trouble hearing on the phone? Apply for a no-cost captioning phone. This phone displays big, easy-to-read text that automatically captions your conversations. It dials, rings and works just like a regular phone. Complimentary delivery, installation, training and support.



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9TH ANNUAL TRIVIA NIGHT

This year's trivia is going VIRTUAL! Enjoy a night-in with friends while also supporting Lindenwood Area Senior Ministry! Our virtual trivia will be held on Zoom at **7:00 pm on Saturday, November 14th**. In order to participate you'll need internet connection and the ability to access a Zoom link. We can accommodate team sizes of 8 people/ 8 devices, though smaller teams are welcome. Register on-line at lasministry.org/events or call the LASM Office at 647-4591. It will be most helpful for us if you can provide the names and email addresses of everyone on your team at the time of registration. The suggested player fee of \$10-20/person or device can be paid on our website listed above or by mailing a check to: LASM, 6401 Scanlan Ave, St. Louis, MO 63139. All proceeds will benefit the care and coordination of our core services. Hope to see you there!



HOT THANKSGIVING MEALS

Don't let the Thanksgiving holiday pass without enjoying the traditional feast! Parishioners of LASM partner church, Epiphany of Our Lord Catholic Church, have been providing meals for more than 30 years to individuals who are homebound or otherwise unable to celebrate with family and friends. This year meal deliveries will be contactless. Meals are delivered mid-day and are available to those living in the following zip codes: 63109, 63139, 63110 and 63143. If you live in one of these areas and would like to receive a free, home delivered meal on Thanksgiving Day, contact Lynn or Bill Kloecker at 636-529-1164 to register.

RIDDLE ME THIS: THANKSGIVING EDITION

Work on these Thanksgiving-themed riddles and contact the LASM Office with your answers (call/ leave a message at: 314-647-4591 or email: lasmdirector@gmail.com). Be sure to touch base before the big day so that you can impress your family and friends with your cleverness and perhaps get a laugh or two! Those that answer 5 or more correctly will be entered into a drawing for some fun prizes! Prizes will be mailed or contact-free delivered to your doorstep.

1. When does Christmas come before Thanksgiving?
2. Why did they let the Turkey join the thanksgiving band?
3. Why did the turkey cross the road
4. What smells the best at thanksgiving dinner?
5. What's the key to a good Thanksgiving dinner?
6. Why didn't the turkey finish its dessert?
7. Which side of the turkey has the most feathers?
8. What are unhappy cranberries called?
9. Where do Turkeys go to dance?
10. What always comes at the end of Thanksgiving?



Last month's answers:
heart, back, foot, blood, eye, hand, tooth, brain, face, chest

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RETURN SERVICE REQUESTED

PRAYER OF GRATITUDE

This is an appropriate time, Lord, for me to take personal inventory of all your blessings.

I think first of relationships with which you've filled my life. These are most meaningful, and I'm grateful for the time you've granted with the ones I love.

Then there is my health, my home, my income, and my faith. Today I'll spend some time reflecting on such things, and as I do, may I gain an even deeper appreciation for your presence in my life. For you are truly my Father, the one who cares for me in every way. Amen.

"Gratitude is the memory of the heart."
—*J.B. Massieu, Letter to the Abbe Sicard*

A BIT OF HUMOR

Bob was in trouble. He forgot his wedding anniversary. His wife was really upset and she told him: "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200 in 6 seconds!"

The next morning Bob got up early and left for work. When his wife woke up, she looked out the window and sure enough there was a box gift-wrapped in the middle of the driveway. Confused, the wife put on her robe and ran out to the driveway, brought the box back in the house. She opened it and found a brand new bathroom scale with a note from Bob: "Happy Anniversary, Darling! I hope it's the model you wished for."

