



LINDENWOOD AREA SENIOR NEWS

Volume 15,
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November, 2021

Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

AUTUMN APPEAL

Hello Lindenwood Area Senior News Readership,

Twice each year, in May and November, we come to you to ask of your support for our ministry. A contribution form and donation envelope are enclosed. Your support of LASM provides: case management services for older adults in need of resources and support, the coordination and offering of social and educational programming, medical transportation services, home repairs/adaptations via our Saturday Servant program, one-on-one emotional/spiritual care via our Stephen Ministry program and this resourceful monthly newsletter! Help us continue these good works and plan for a strong future by making an end-of-the-year donation to LASM. Thank you in advance for your generosity.

10TH ANNUAL LASM TRIVIA NIGHT

Last call! It's time to reserve your space at our virtual trivia night.



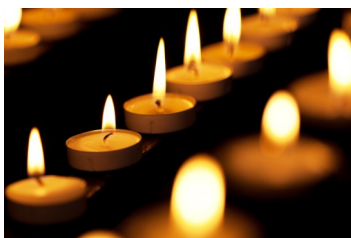
Enjoy a night-in with family and friends while also supporting Lindenwood Area Senior Ministry!

Saturday, November 6th at 7:00 pm on Zoom. In order to participate you'll need internet connection and the ability to access a Zoom link. We can accommodate team sizes of 8 people/8 devices, though smaller teams are welcome. Register on-line at lasministry.org/events or contact the LASM Office at 314-647-4591. The suggested player fee of \$10-20/person or device can be paid via our website or by mailing a check to: LASM, 6401 Scanlan Ave, St. Louis, MO 63139. Hope to see you on Zoom!

REMEMBRANCE SERVICE

This past year and a half has brought many hardships, most significantly the loss of loved ones to Covid-19 or other illnesses/conditions that were made more difficult to endure due to the pandemic. In honor of these loved ones and any who we have lost over the years, LASM is hosting a Remembrance Service on **Thursday,**

November 18th at 10:30 am in Memorial Hall of Southwest Baptist Church, 6401 Scanlan. Join us as we give thanks for the lives of our loved ones and seek to find comfort in God's Word. You are invited to bring a picture of your loved one(s). Please RSVP to katie@lasministry.org or 314-647-4591. If a larger crowd is expected, we will move to the church's sanctuary.



A PASSING OF THE TORCH

Mary Louise Smith has fearlessly served as the Coordinator of LASM's Transportation Ministry since January of 2017. Over these nearly five years she has spent innumerable hours on the phone coordinating rides between our riders and volunteer drivers. She has been so kind, faithful and patient in her service, always lending a listening ear and going above and beyond to make sure our riders arrive at their medical appointments cared for and on time. Upon reflecting on her years of service, Mary Louise said, "I am so thankful for the support from all our drivers. Without them this ministry wouldn't happen and they made my job easy. I also enjoyed getting to know all the riders. It was a privilege to learn their stories and get to know them on a more personal level." Mary Louise, we are beyond thankful for your dedication and generosity!

We are excited and grateful to welcome Jana Meyer to the role of Transportation Ministry Coordinator. Jana has lived in



Jana Meyer

the Lindenwood Park Neighborhood for the past 11 years and is a member of Webster Gardens Lutheran Church. She first learned of LASM by attending Lindenwood Park Neighborhood Association meetings and was drawn to our ministry's mission and goals. She loves the ways LASM "reaches out to the community to help people" and "bridges the

gaps between what people need and what people can give." Jana is married to her husband, Ralph, has three adult children and four grandchildren. In addition to volunteering with LASM she also serves at Children's Hospital and Nottingham High School. In her free time she enjoys painting water colors and growing orchids. Jana, we are so pleased to welcome you!

Thank you for accepting our invitation to play such a vital role in our Transportation Ministry.

Call LASM at 314-647-4591 if you are in need of assistance with rides to medical appointments or are interested in becoming a volunteer driver.

STEPHEN MINISTER INTRODUCTORY WORKSHOP

LASM's Stephen Ministry program provides one-to-one Christian care for older adults experiencing a difficult time. Stephen Ministers work alongside the LASM Director and our partner church pastors to care, encourage, and provide emotional and spiritual support to seniors who are going through a difficult time (i.e. grief, loneliness, chronic illnesses). We are looking forward to expanding this program through the training of a new class of Stephen Ministers! The training will begin in February 2022 and offers the opportunity to grow in faith, develop stronger relational skills, and bring Christ's love into the lives of hurting people. Come learn more at our Stephen Minister Introductory Workshop: **Tuesday, November 16th** at 10:00 am in Memorial Hall of Southwest Baptist Church, 6401 Scanlan Avenue. Please RSVP to Katie at 647-4591 or katie@lasministry.org.



LASM PARTNER CHURCH UPDATES

SOUTHWEST BAPTIST CHURCH

With praise and thanksgiving to God our Father, you are invited to celebrate the 100th Anniversary of Southwest Baptist Church, 6401 Scanlan, 63139.

Sunday, November 21st

Worship Service at 10:45 am. Complimentary, catered Luncheon at 12:30 pm. RSVP by November 1st to 314-647-4567 or visit southwestbaptistchurch.org. We hope you will all join us to celebrate the goodness of our God.



MOUNT TABOR UCC

Sadly, last month one of our member churches, Mount Tabor United Church of Christ, closed with the celebration of its final service on October 10th. Mount Tabor has been a partner with LASM since we formed in 2006 and has maintained a strong presence in the Lindenwood Park Neighborhood for the last 93 years! We have loved having Mount Tabor members participate in and volunteer with our programs and services and hope that they will continue to engage with us even as they find new church homes. We give thanks for all the blessings that Mount Tabor's partnership has provided us and pray for its members as they grieve the loss of their church and make transitions on their faith journeys.

HOT THANKSGIVING MEALS

Don't let the Thanksgiving holiday pass without enjoying the traditional feast! Parishioners of LASM partner church, Epiphany of Our Lord Catholic Church, have been providing meals for more than 30 years to individuals who are homebound or otherwise unable to celebrate with family and friends.



Meals are delivered mid-day and are available to those living in the following zip codes: 63109, 63139, 63110 and 63143. If you live in one of these areas and would

like to receive a free, home delivered meal on Thanksgiving Day, contact Matt Ellison to register.

Email: esasportsinfo@yahoo.com

Call or text: 314-479-9853

FROM OUR CASE MANAGER

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Now is the time to apply for help with your winter heating bill! LIHEAP provides discounts on your electric or gas bills. You must have \$3,000 or less in bank accounts, retirement accounts, or investments; and meet specific income guidelines that vary according to household size.

Annual income for one person must be at or below \$26,531 or \$34,694 for two persons. The application can now be submitted online to the Community Action Agency for the area in which you live. I can also provide you with a paper application if you prefer to mail it in. Please contact me for more information or assistance with applying.

—Leigh Manalang, 314-376-4121 or leigh@lasministry.org

Lindenwood Area Senior News
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RETURN SERVICE REQUESTED

TRANSFORM MY HEART

Lord Jesus, help me deepen my
friendship with you.

Help me see the world anew with your
eyes of care.

Let me offer your compassion to each
person I meet.

May my spoken words be your words in
each conversation.

Guide my actions to reflect your
response to each person I encounter.

Soften and transform my heart to be one
with your heart,

and, may my heart always abide within
your loving heart.

Amen.

—*Russ Long*

A BIT OF HUMOR

**THINGS YOU DON'T WANT TO HEAR THE
SURGEON MUTTER DURING A MEDICAL
PROCEDURE**

Sure wish I hadn't left my glasses at
home.

Nurse, Hand me that... Uh...
Thingamajig.

Huh... Interesting, never seen this
before.

Let's get this done pronto... the game's
on TV in a couple hours.

He shouldn't be waking up at this point
— I'm not finished yet.

And they said this would be a simple
operation.

I'm pretty new at this, guys. 😂