



LINDENWOOD AREA SENIOR NEWS

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Our Mission: *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

DANCING IN THE STREETS!

LASM is excited to host the wildly popular Red and Black Brass Band on **Sunday, October 18th**! You may have seen them performing around town or heard about them on local news sources.

The Red and Black Brass Band started playing together in the beginning of April, 2020. The band had a mission of playing music for people during the initial St. Louis lockdown of the global Covid-19 pandemic.

They marched down the middle of the empty St. Louis streets playing Second Line Brass Band music, a genre from New Orleans, Louisiana. The band has continued to play this way for people inside their homes, on their porches, or standing in their yards. Trying to spread as much music and joy as possible.



That joy is just what LASM desires to bring to our clients and neighbors while also raising some funds to support our ministry's programs and services. So step outdoors with us to enjoy some light-hearted fun and safe/socially-distanced community! Beginning at **3:00**

pm on Oct. 18, the band will march from the corner of Oleatha and Jamieson to Oleatha and Ivanhoe. Left on Ivanhoe. Left on Marquette. Right on Ivanhoe. Left on Hancock, ending at the corner of Hancock and

Jamieson. LASM volunteers will be marching along with the band to share smiles and collect donations.

All are welcome! Be sure to keep a safe social distance from others on the parade route and to bring a mask along. Hope to see you on the 18th!

VIRTUAL TRIVIA NIGHT

We are taking our 9th Annual Trivia Night on-line for a fun, safe evening that will challenge your minds, lift your spirits and support LASM's programs and services! Mark your calendar and begin recruiting your team!

When: Saturday, November 14th

Time: 7:00 pm **Location:** Zoom

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ST. LOUIS COLISEUM

Historian, performer, and curator Ed Golterman will join us on Zoom to explore the history of the St. Louis Coliseum. The closing of the 1904 World's Fair left our city without a convention center. A group of businessmen led by attorney Guy Golterman assembled \$450,000 in private funding to build the Coliseum, a venue space at Washington and Jefferson. *(Continued on page 2)*

CASE MANAGEMENT EXPANSION COMING SOON

LASM is thrilled to share that we were recently awarded a three-year, \$60,000 grant from the Lutheran Foundation of St. Louis to expand our case management services. Lutheran Foundation of St. Louis is the grant-making ministry of 74 St. Louis area Lutheran Church - Missouri Synod congregations.

The Foundation's vision is to see the Church brought into the lives of hurting people and people included in the healing life of the Church. We are excited to participate in bringing this vision to light by increasing our case management outreach via bringing a part-time case manager on staff.

This case manager will work 1:1 with LASM clients in need of information, resources and support. Please pray for the success of this expansion and we look forward to sharing much more on this program in the months to come.



Lutheran Foundation
OF ST. LOUIS

Christian support that heals lives and the community

VIRTUAL TRIVIA NIGHT—

(Continued From Cover Page)

Team Size: Up to 8 people/8 devices

Needed: Internet connection. Ability to access a Zoom link. Some teammates.

How to Support: Spread the word about this event. Be a Round Sponsor for \$75. Pay suggested player fee of \$10-20 per person or device.

Why: You deserve a fun night in and supporting a great organization that serves seniors in the Lindenwood Park Neighborhood (and beyond) is a just what the doctor ordered!

Register: Call the LASM Office at 314-647-4591 or email lasmdirector@gmail.com.



COLISEUM — *(Continued from Cover)*

We'll view Ed's documentary and have time for Q&A afterwards. Make your lunch and join us on Zoom on **Tuesday, October 20th at 11:30 am**. Participate either through an on-line link or by listening in over the phone. Contact Katie to register: 314-647-4591 or lasmdirector@gmail.com. No fee to register, donations can be mailed to LASM.

WORD SANDWICHES: ROUND 2

Find the "filling" in the word sandwich — a word which will go with both of the given words. For example: lady-finger-food. Contact the LASM Office with your answers (call/leave a message at 314-647-4591 or email lasmdirector@gmail.com). Those that answer 5 or more correctly will be entered into a drawing for some fun prizes! Prizes will be mailed or contact-free delivered to your doorstep. Last month's answers: leg, arm, hip, eye, ear, lip, toe, jaw, gum, rib

1. Sweet _____ burn?
3. Big _____ ball?
5. Bird's _____ sore?
7. Sweet _____ fairy?
9. About _____ book?



2. Hunch _____ gammon?
4. Blue _____ hound?
6. Second _____ cuff?
8. Scatter _____ wave?
10. Treasure _____ nut?

A WORD ON HOPE

This month we are offered some words of encouragement from Fr. Michael Rennier of LASM partner church, Epiphany of Our Lord Catholic Church:

In any and all stages of our lives, we are called to a vocation. Even in times of loneliness or illness, times when it is difficult to make it to Church or we are anxious, God is with us and he has a positive, meaningful contribution that he is calling us towards. It doesn't really matter if the world is turned upside down, God is rock solid. He never changes today, tomorrow, or any day. His desire to give us a vocation remains firm, no matter what happens around us or how our circumstances change. That vocation may change during different seasons of our lives, but it is always a constant that God is reaching out to us to spend time with us and empower us to build up the Heavenly Kingdom.

Our personal vocation is our purpose, and in seeking it out we find our meaning and happiness. We are called to pursue this calling all the days of our lives, no matter the situation or circumstances. In difficult times, we need this calling all the more. Without it, we eventually fall into a sickness of the soul. This is how we end up trapped by the anxieties and whims of the world, failing to see how God is at work in all things to bring about blessing.

Jesus is our lifeline. He is the source of grace, a stream of blessing bringing us healing and wholeness. How do we practice our vocation? How do we muster the strength? First of all, we seek out our vocation in prayer. It is important to hear how God is speaking to us right here, right now. Prayer is so important, that in fact, it may be for many of us the fulfillment of our current vocation — to

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HELP WITH ENERGY BILLS

QUESTION: I've heard of a program that helps with utility expenses over the winter months. How do I know if I qualify and apply?

ANSWER: LIHEAP (*Low Income Home Energy Assistance Program*) provides discounts on your electric or gas bills. You must have \$3,000 or less in bank accounts, retirement accounts, or investments; and meet specific income guidelines that vary according to household size.



Annual income for one person must be at or below \$17,226 or \$23,274 for two persons. If the head of household and/or spouse are over 60 and/or disabled, the application can be sent beginning October 1, 2020.

Please contact the LASM office at 314-647-4591 for the application or to receive help applying for this program.

LASM offers case management services. If you are in need of assistance with navigating community resources, contact ministry Director, Katie Weintraub at the number above.

pray for our families, our neighborhood, the Church, the world.

In prayer we are present to God. We make a sacrifice of time. We express gratitude. These gifts are vital to the health of the Kingdom. Without them, without your prayer, no other vocation will maintain its vitality and be full of life.

Whatever your vocation is, remember that no vocation is small in the eyes of God, and those vocations that perhaps we think are no big deal are actually very important indeed.

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RETURN SERVICE REQUESTED

DRAW US NEAR TO YOU

Dear Heavenly Father,

Our need for You is greater today than ever. As we face these uncertain times, we need our hope restored. We need to be reminded of Your constant and complete healing grace and love for us. As we reach out to You, we pray that You help us to heal the burdens of our neighborhoods, our country and our world. Help us be faithful in prayer and put our hope in You. Teach us what You want us to learn from this pandemic. Please help us to not take our fear and lack of control out on those around us, and show us how to be patient as the world heals. In these days of sickness, give us the wisdom to draw nearer to You. In Your name, we pray. Amen.

A BIT OF HUMOR

I AM A SEENAGER (SENIOR TEENAGER)

—*Author Unknown*

- I have everything I wanted as a teenager, only 50 years later.
- I don't have to go to school or work.
- I get an allowance every month.
- I have my own pad.
- I don't have a curfew.
- I have a driver's license and a car.
- I have an ID that gets me into bars and liquor stores.
- The people I hang around with are not scared of getting pregnant. They aren't scared of anything. They have been blessed to live this long, so why be scared?
- I don't have acne. 😂