



# LINDENWOOD AREA SENIOR NEWS

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September, 2020

**Our Mission:** *Lindenwood Area Senior Ministry in keeping with the ministry of Christ seeks to enhance the quality of life of senior adults by providing meaningful volunteer experiences, services and programs that promote physical, mental, emotional, and spiritual health and safety.*

## SHOW LOVE, WEAR A MASK

**L**ASM's director and four LASM volunteers recently participated in the Catholic Health Association's #LoveThyNeighbor campaign to raise awareness of the importance of wearing masks or cloth face coverings. During COVID-19, we all need to do our part to slow the spread of the virus.

The #LoveThyNeighbor campaign invites all of us to unite around the simple message that **wearing a mask expresses love and solidarity for one another** during these challenging times.

*...and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these."* Mark 12: 30-31



Barb & Tom  
O'Neill



Mary Louise  
& Mickey  
Smith



LASM Director, Katie & daughter Ruby

## FACE MASK FACTS

- ◆ The CDC recommends that people wear cloth face coverings in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.
- ◆ Cloth face coverings may help prevent people who have COVID-19 from spreading the virus to others.
- ◆ Cloth face coverings are most likely to reduce the spread of COVID-19 when they are widely used by people in public settings.
- ◆ Cloth face coverings should NOT be worn by children under the age of 2 or anyone who has trouble breathing is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

## VOLUNTEER PROFILE: KATHY HUCKABY

This month LASM is proud to shine the spotlight on a volunteer who generously supports several of our ministry's programs and services. Kathy Huckaby began her volunteerism with LASM as a member of our Spring Fling committee tirelessly working to plan for and promote this annual fundraiser. After retirement she took on additional volunteer roles, assisting with our monthly newsletter mailing and becoming a Transportation Minister. Kathy is a 20+ year member of LASM partner church, Southwest Baptist. She has three children and seven grandchildren who all live out of town and is ever so grateful for her close relationship with her younger sister who lives across the hall. We sat down and asked Kathy these questions:

### Why do you choose to support LASM through volunteerism?

I think LASM fills a need in this area and it fills a need in me, a need to be able to

give back.

### What do you enjoy most about volunteering with LASM?

The people and, of course, dancing at the Spring Fling!

### What would you say to someone considering a volunteer position with LASM?

There's a lot of different ways you can help. There's something for everyone depending on your interests and needs.

Everyone can find a place within LASM.

### What is your favorite thing about fall time?

The trees changing and the weather. I love to walk and the trees get so pretty in the fall.

*Thank you to Kathy and all of our wonderful volunteers! To learn more about LASM volunteer opportunities, visit [lasministry.org](http://lasministry.org) or call 314-647-4591.*



Kathy (right) with fellow Newsletter Volunteer, Mary

## WORD SANDWICHES

This month we are substituting word sandwiches for riddles. Find the "filling" in the word sandwich — a word which will go with both of the given words. For example: lady-finger-food. Here's a hint — each missing word is a 3-letter body part. Contact the LASM Office with your answers (call/leave a message at 314-647-4591 or email [lasmdirector@gmail.com](mailto:lasmdirector@gmail.com)). Those that answer 5 or more correctly will be entered into a drawing for some fun prizes! Prizes will be mailed or contact-free delivered to your doorstep.

1. Boot \_\_\_\_\_ iron?
2. Side \_\_\_\_\_ chair?
3. Rose \_\_\_\_\_ pocket?
4. Shut \_\_\_\_\_ sore?
5. Glue \_\_\_\_\_ wig?
6. Hare \_\_\_\_\_ service?
7. Tip \_\_\_\_\_ jam?
8. Lock \_\_\_\_\_ breaker?
9. Bubble \_\_\_\_\_ shoe?
10. Spare \_\_\_\_\_ eye?

## A WORD ON HOPE

This month we are offered some words of encouragement from Pastor Carole Barner of LASM partner church, Mount Tabor United Church of Christ:

**I**n these days of pandemic, of economic hardship and hunger for so many, of fear and anger, loneliness and unknown, where do we get help?

So many voices try to give answers, and the answers are different. I turn to a favorite Psalm of mine, Psalm 121. Especially, I ground myself in verse 2: "My help comes from the Lord, Maker of heaven and earth." Read it all and remember — God does not sleep. We belong to God who is with us always. Amen.

*~Rev. Dr. Carole R. Barner, pastor and teacher, Mount Tabor UCC*

## SPECIAL SERVICE DAY

**L**ASM is helping to organize a special service day to support a fellow non-profit serving seniors, the St. Louis Activity Center. The Center, at the corner of Arsenal and Sublette, has been generously supporting several of our LASM seniors with free home-delivered meals throughout the pandemic. In appreciation for this much needed service LASM is recruiting volunteers to assist the Center with some grounds upkeep.

The Center's grass is cut regularly by the City, but its older members have not been able to keep up with the additional weeding and trimming that is needed over the summer months. On **Saturday, September 12<sup>th</sup>** from 8:00 am to Noon we will gather at the Center to weed and trim. All work will be done outdoors. Volunteers will need to wear masks and  
*(Continued next column →)*

## VIRTUAL LEARNING: ROUTE 66!

**O**ne of the most famous highways anywhere in the world, Route 66 is an icon of American culture and history. Established in 1926, this semi-trans-continental highway stretches 2,448 miles from Chicago to Los Angeles and the largest city along the route is our very own St. Louis!

Hit the road with us on a virtual program entitled *Route 66: Main Street through St. Louis*. It will be presented by Sharon Smith, Curator of Civic and Personal Identity at the Missouri Historical Society. We will gather on Zoom on **Tues., September 22<sup>nd</sup> at 1:00 pm.**



You'll be able to participate either through an on-line link (will need internet access) or by listening in over the phone. Call or email Katie to register: 314-647-4591 or [lasmdirector@gmail.com](mailto:lasmdirector@gmail.com). A tech trial run prior to the meeting can be arranged. No fee to register, donations can be mailed to LASM, 6401 Scanlan, St. Louis, MO 63139 or made on-line at [lasministry.org](http://lasministry.org).

## ANSWERS: RIDDLE ME THIS ROUND 3

Here are the answers to August's riddles: smoke, and, blame, train tracks, Ohio, sun, comb, fire, corn, teeth, bell, ice

keep a safe social distance from one another. Volunteers are encouraged to wear work gloves and bring along electric or battery-operated trimmers, rakes and handheld clippers. Cool drinks and snacks will be provided by the Center. Please contact the LASM Office at 314-647-4591 if you plan to attend.

**Lindenwood Area Senior News**  
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**RETURN SERVICE REQUESTED**

## **SHINE YOUR LIGHT ON US**

Dear Heavenly Father,

While we do not understand why the COVID-19 pandemic occurred, we give thanks to You for the time You have given us to focus on our families, our communities and those most in need. Father, be with medical and emergency personnel who have given of their time and talents so selflessly. Help them to find a new normal, encourage recovery and restoration of their spirits. Shine Your light on those who are still feeling down and continue to cope with the economic impact of this situation. Grant them patience with things that take time and tolerance of the struggles of others that may be different than their own.

Amen.

## **A BIT OF HUMOR**

A woman was driving down the street in a sweat because she had an important meeting and couldn't find a parking space.

Looking up toward heaven, she said, "Lord, take pity on me. If you find me a parking place, I'll go to Mass every Sunday for the rest of my life and give up drinking wine."

Miraculously, a parking space opened up right in front of her destination. The woman looked up to heaven and said, "Never mind, Lord; I found one on my own." 😂

Did you hear about the semi-colon that broke the law? He was given two consecutive sentences. 😂